

Becoming a Supervisor- Practice Tips

The Stepped Approach

Start with the basics and build-up to the more complex aspects of driving – also known as the 'stepped approach'.

Learners should master the following:

Understanding the car controls

Familiarise the learner with the vehicle's controls and help to develop their skills in areas of mirrors use, indicators and steering.

Moving off and changing gears

Familiarise the learner with the location and operation of gears, pedals and clutch to develop the ability to operate the controls whilst the vehicle is in motion. This should be done in a quiet, open, unobstructed area.

Learning basic techniques

Introduce the system of car control when approaching intersections (mirrors, indicator, second gear and clutch up). This is one of the most important basic techniques the learner will learn and if taught effectively, will allow the learner to cope with almost any type of intersection they encounter.

Developing hazard perception skills

Teach learners to scan the environment and identify potential hazards that pose a risk to themselves and other road users. They should be able to react to various traffic situations and make safe driving decisions.

Practising manoeuvres

Introduce manoeuvres such as roundabouts, traffic lights, parallel parking, three-point turns, changing lanes and turning right.

Building on the learner's experience

As the learner's driving skills develop, start to build on their experience by getting them to drive in range of conditions, such as busy traffic areas, at different times of the day and in different weather conditions.

Lesson plans

Plan

- Plan what you want to achieve during each session.
- What areas is your learner competent in?
- What areas do they need more practice?



- What do you need to demonstrate to the learner?
- How will the session start and finish?

Practice

- Start with an easy to achieve task in a quiet area.
- Explain the task.
- Demonstrate the task.
- Ask the learner to attempt the task.
- If required, repeat the demonstration and ask the learner to repeat their attempt.
- Once the learner has competently completed the task, try to include the task in each practice session from then on.

Positive feedback

- Talk to your learner about what they have achieved and what they need to work on.
- Offer advice and encouragement, and always end the session with positive feedback.
- Together, discuss what skills need to be covered in the next session.

Lesson plan checklist

To help you keep track of when, where and what your learner has practised, we have developed a lesson plan checklist to take with you in the car. You can also keep a record of what tasks the learner undertakes and how they are progressing. You can get a lesson plan check list by ordering a Learn to Drive Learners pack at rac.com.au/learntodrive



