



Distance (km) from nearest town/roadhouse		Distance (km) from Perth
		1638
56	Munjina	1413
171	Newman	1357
10	Munjina	1347
114	Newman	1300
14	Capricorn	1186
14	Newman	1172
162	Newman	1022
71	Kumarina	951
113	Cue	764
18	Meekatharra	746
40	Cue	691
20	Cue	671
79	Mt Magnet	651
79	Cue	572
88	Mt Magnet	483
143	Mt Magnet	429
85	Wubin	357
47	Wubin	319
32	Wubin	304
7	Wubin	279
21	Dalwallinu	272
21	Wubin	251
7	Miling	211
17	Bindi Bindi	204
17	Miling	187
11	Bindi Bindi	176
18	Bindi Bindi	169
23	Bindi Bindi	164
51	Bindoon	125
25	Bindoon	109
10	Bindoon	94
22	Muceha	84
22	Bindoon	62

Perth to Newman to Port Hedland

## Roadside rest areas in Western Australia

Driving while fatigued is a major cause of more than 30% of all road crashes.

When taking a long trip, it is vital to plan ahead to ensure that you arrive safely. Most importantly, do not drive while fatigued.

This guide lists the rest areas and amenities provided by Main Roads which enable you to take a short break from driving and help reduce fatigue.

Use this guide to help plan your trips and keep in mind the following tips:

- Allow enough time for breaks in your journey. You should take a 10-minute break every two hours and a longer break every four hours;
- Get plenty of sleep before you set off and start early in the day when you are well rested;
- Avoid driving when you would normally be asleep, such as late at night or early hours of the morning;
- Avoid consumption of alcohol before or during the trip; and
- Stop immediately if you feel tired. Watch out for symptoms such as boredom, restlessness, aches and pains, sore eyes or drowsiness.

Remember, rest areas are not intended for camping. Overnight stays are **only** permitted where you see the '24' symbol.

If you have any suggestions for improving this guide you may contact Main Roads via our 24-hour Customer Contact Centre on 138 138. You may also phone or drop into any of Main Roads' regional offices during business hours. The regional offices are shown on the maps and their contact details are listed on the corresponding pages.

Have a safe journey!

## Routes at a glance...

There are eight major routes displayed in this brochure. They are highlighted for you on the map below in eight distinctive colours. Please note these maps are not to scale, so please refer to your road map for other important travel information.



The following symbols are used to help you plan your journey:

- |  |   |  |  |
|--|---|--|--|
|  | Main Roads Rest Area                        |  | MRWA regional office                   |
|  | Denotes rest area not managed by Main Roads |  | Toilets                                |
|  | Picnic Area                                 |  | Provision for people with a disability |
|  | Tree or Shade Shelter                       |  | 24 hour camping permitted              |
|  | Fireplace                                   |  | Effluent dump site                     |
|  | Water                                       |  | Telephone                              |