



Little Legends Club

Game Focused Lesson

Lower Primary

Topic: Bike Safety

Title: Little Legends Bike Safety

Duration: 30-50 minutes



Australian Curriculum Links

Health and Physical Education

Strand: Personal, Social and Community Health

Sub-strand: Being Healthy, Safe and Active

- Recognise situations and opportunities to promote health, safety and wellbeing (ACCPS018)

English

Strand: Literacy

Sub-strand: Interacting with others

Year 1:

- Engage in conversations and discussions, using active listening behaviours, showing interest, and contributing ideas, information and questions ([ACELY1656](#))
- Use interaction skills including turn-taking, recognising the contributions of others, speaking clearly and using appropriate volume and pace ([ACELY1788](#))

Year 2:

- Listen for specific purposes and information, including instructions, and extend students' own and others' ideas in discussions ([ACELY1666](#))
- Use interaction skills including initiating topics, making positive statements and voicing disagreement in an appropriate manner, speaking clearly and varying tone, volume and pace appropriately ([ACELY1789](#))

Technologies

Strand: Digital Technology

Sub-Strand: Knowledge and Understanding

- Recognise and explore digital systems (hardware and software components) for a purpose ([ACTDIK001](#))



Lesson Objectives:

- Identify safety equipment that can protect you when riding a bike
- Recognise safe and unsafe ways to cross a road when cycling

Materials/ resources

- Interactive whiteboard/smartboard
- Power point lesson template to follow
- Computer/ipad with access to Little Legends Club Lower Primary Game
www.littlelegends.com.au/game1 (for each pair of students)



| Time | Activity | Resources |
|--------|---|---|
| 2 min | <p>Introduction</p> <p>Good morning/afternoon everyone. Today we're going to be talking about staying safe when we are riding our bikes.</p> <p>How many people in this class know how to ride a bike? What are some reasons you ride your bike?</p> | <p>Slides 1-5 on Lesson plan power point.</p> <p>Smartboard with Little Legends Club Bike Safety Game</p> |
| 10 min | <p>Activity 1: make your characters bike safe!</p> <p><i>Open the 'Safety on Wheels' game on the Little Legends Club website (www.littlelegends.com.au/game1)</i></p> <p>Do you think we could help Chip and Ash get bike safety ready?</p> <p>Firstly we need to select a bike from them each. <i>Ask a volunteer to come up for each Ask and Chip and select a bike for them by clicking the tick button on the 'wheel-o-matic'.</i></p> <p>Excellent! Ash and Chip each have a bike to ride. Does this make them bike safety ready?</p> <p>Hhmmmmm I think our friends are missing a few pieces of safety clothing. Can anyone think of something important we must always remember to wear when riding a bike? I will give a clue, it goes on our head. A helmet that's correct! <i>Select a student to pick the helmets for Chip and Ash</i></p> <p>*if Ash or Chip don't wear the helmet selected it means the helmet is too big/small- they need the correct size helmet.*</p> <p>Is it important that Ash and Chip wear a helmet that fits their head correctly? Yes, we want it to protect their head the best possible way, and we don't want it to slip around on their head, that would be unsafe and dangerous. They might not be able to see, or they may hurt their head and brain if they fall off their bike!</p> <p>Fantastic work everyone. Now they have helmets to protect their heads. Let's see if we can find something that will make them nice and bright so cars and</p> | <p>Smartboard with Little Legends Club Bike Safety Game</p> |



other people can see them riding.

Look at the game-is there anything we could put onto Ash and Chip to make them be seen by other cyclists, pedestrians or drivers?

Excellent. Bright yellow vest will definitely allow them to be seen. Let's pick a vest for each of our bike riders.

Select a student to drag vests onto both the characters

Our characters are almost ready to ride. They are wearing covered in shoes today, which are very safe. **Does anyone know why covered in shoes are more safe to wear when riding compared to thongs or sandals?** You're right; they will protect our feet and not get caught on our bikes.

Can anyone think of anything else that Chip and Ash might like to wear to stay safe that is not in the game? Yes, they might like to wear elbow or kneepads to protect them if they fall off.

Is there anything (or anyone) else that Ash and Chip need before they ride off? Who do you always have with you when you go riding? A responsible adult, yes!

You can add an adult to the game by

- *By pressing the yellow +/- button (in bottom left corner) and selecting an adult character*
- *Students are to dress their chosen character in the correct bike safety clothing and to select a bike for the new characters.*

Are Ash and Chip bike safety ready now? Yes, they are!



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|---------------|---|--|
| <p>10 min</p> | <p>Activity 2: Road Safety on a bike (game)</p> <p>OK, Ash and Chip and their adult are now ready to go for a ride! They have ridden up to the road now and have stopped. What do they need to be able to cross the road safely? That's right, we need to drag the traffic warden across to help them cross <i>ask a student to do this.</i></p> <p>*If your school has a traffic warden you can use this opportunity to talk about your school warden and their job.</p> <p>Fantastic, our riders are off enjoying their ride! Where is your favourite place to ride your bike? <i>Think, pair share with your partner about the best places to ride.</i></p> <p><i>Swipe the screen from right to left to right until the cyclists come back into view near the traffic lights.</i></p> <p>It looks like they have finished their ride and want to come back to the café for something to eat. What do they need to do to cross the road at this let of lights? <i>Ask student to come up and press the button on the traffic lights. Can the cyclists go as soon as they press the button? No! What do they need to wait for?</i></p> <p><i>Watch as the lights turn green and the cyclists return safely to the start. Click on the characters to take them off their bikes. You can click the safety gear to take it off the characters and give them food or a drink at the café- the class can explore the options for the characters by moving them around.</i></p> | |
| <p>10 min</p> | <p>Activity 3: independent game play</p> <p>Students are free to explore the LLC game individually or in pairs/groups. Encourage discussion amongst group members and circulate, questioning what they are doing and how they are staying safe.</p> | |
| <p>20 min</p> | <p>Activity 4: Riding my bike safely worksheet (Optional)</p> <p>Students complete the related worksheet, drawing on both discussion and game play.</p> | |
| <p>2 min</p> | <p>Conclusion</p> <p>Thank you everyone, we now know some of the things we can do to stay bike safe on the roads.</p> | |